



Summer Camp Guidelines and Policies 2025

Director: Jennifer Abruzzese

Supervisors: Richie Conti, Adell Campbell, Caelan Davis

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Langhorne, PA 19047

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Drop Off and Pick Up: Car Line Method Preferred.

- Drop off car line; Parents will need to pull up to the designated drop-off zone in front of the steps. The camper(s) **must exit car from drivers' side**, where a counselor will escort the camper(s) inside.
Parents may not exit the vehicle in the car line. Drop off begins at 8:50 AM.
 - If you prefer to walk your camper in, this can be done on **MONDAY MORNINGS ONLY**. You will need to park your car and walk your child to the building. Please check in with the car line counselor.
- Pick up car line; All campers will be emailed a name plate to print out prior to the start of camp (link included in welcome email). Name plates **MUST** have your campers name and be displayed in the front window of the vehicle. Pick up begins at 3:15 PM.
 - When you arrive, pull up to the designated pick-up zone (in front of steps). Please do not exit your vehicle in the car line. If your camper needs help with the buckles, please proceed cautiously out of line to a parking spot.
 - In the event of an emergency that requires you to pick up your camper early (before 3:15pm), please contact the Front Desk. (215) 757-0111 prompt #0
- AM Care: Park and walk your camper into the building.
- PM Care: Park and walk into the building to pick up your camper.

AM/PM Care

- AM Care: 8:00-9:00 AM - \$10/Day \$45/Week
 - AM Care can be added to your camp week until 2pm on the Friday before camp begins, if space is available.
- PM Care: 3:30 – 5:00 PM - \$13/Day \$60/Week
 - PM Care can be added to your camp week until 2pm on the Friday before camp begins, if space is available.

Late Policy

- Campers not picked up within 15 minutes of their scheduled pick-up time will be charged a late fee of \$5 per every fifteen minutes late to your account.
- Campers enrolled in PM Care who are not picked up by 5:00 pm will be charged a late fee of \$1 per minute to your account.

Food/Allergy

- Dynamix is happy to provide an allergy free table upon request.
- While we try to safeguard against allergies, there may be days that we have special treats, or food related crafts that your gymnasts may be allergic too. Please let us know of all allergies so that we can have an alternative available. Gymnasts are always allowed to bring in their own treat from home.
- Water fountains are available to refill water bottles or to get quick drinks. But we do ask each camper to have their own water bottle (clearly labeled).
- Every Thursday, Chik-fil-a (nuggets, chips and dessert) will be available to purchase at a cost of \$9 but must be pre-ordered and paid for no later than Tuesday of your child's camp week.
- Every Friday, pizza (pizza, chips and dessert) will be available to purchase at a cost of \$9 but must be pre-ordered and paid for no later than Tuesday of your child's camp week.
- On pre-paid lunch days lemonade will be available. However, a water bottle and morning snack still must be provided.
- Every Wednesday mini pretzels will be available at snack-time, for purchase, at a cost of \$1 (cash only). 50% of the proceeds will be donated to Kisses for Kyle Foundation!

Medication

- If your camper requires medication to be given during the camp day, please email Jen, the camp director jen@dynamixgymnastics.com listing any of the specifics for the medication such as name of medication, dosage, time to be administered.
- All medication must be walked into camp on the first day and given directly to Jen, or manager. All medication must be in the original packaging and contain the following information:
 - Prescribing doctors name and phone number
 - Medication name
 - Child's name
 - Dosage including frequency
 - Accurate count of medication contained

Cancellation

- All requests for cancellations MUST BE MADE IN WRITING before May 1, 2025. All monies paid less the \$100 non-refundable deposit, per week, per child, will be credited to your Dynamix account (not refunded). After May 1, 2025 no credits/refunds of any kind will be given, regardless of the nature of the cancellation.

What to bring/leave home

- Campers will need to bring a large bag to hold ALL their belongings such as towel, sunscreen, lunch, and extra clothes for water play days. **ALL ITEMS MUST BE CLEARLY LABELED!**
- Use of cell phones and electronic games are not permitted during the camp day, and we strongly suggest these items be left at home. Dynamix is not responsible for any lost, damaged, or stolen items.

What to wear

- On scheduled water play days all gymnasts may wear their bathing suits to camp. (Please pack a change of clothes)
- On all other days a one-piece leotard is best for girls (two-piece leotards are NOT permitted for safety reasons), or elastic shorts and a shirt that is form-fitting and can be tucked in. Boys should wear elastic shorts and a shirt that is form-fitting and can be tucked in.
- No buckles, buttons, drawstrings, or zippers.
- Jewelry is not permitted. Post earrings are allowed.
- Long hair (regardless of gender) must be pulled back away from face, no clips or bows.
- Your camper should also bring shoes that can get wet. Crocs or water shoes works best but flip flops or slides are also a good alternative.

Facebook / Camp Photo

- Please follow us on Dynamix Gymnastics Facebook page to see pictures and updates of your camper.

Sunscreen

- Sunscreen is recommended to be applied at home before each camp day.
- Spray Sunscreen will be re-applied each camp day when an activity is scheduled for 15 minutes or more outdoors.
 - Each camper should bring their own bottle of spray sunscreen and have it labeled.

Discipline

- While we strive to make every day unforgettable and enjoyable for all our campers, we also strive to keep everyone safe. For this reason, proper behavior will be required at all times at camp.
 - Campers will be required to always stay with their coach. They must ask permission to be excused to use the bathroom or get a drink.
 - Campers are required to keep their hands to themselves. Touching, hitting, kicking etc. will not be tolerated.
 - Respectful speaking to coaches and fellow campers is expected. At no time will foul or offensive language be tolerated.
 - Campers are strongly encouraged to try. While we understand that certain aspects of gymnastics or even camp games can be challenging, we do want campers to give everything a try and step out of their comfort zone. In the event that the camper is uncomfortable with something, we still expect them to relay those feelings in a respectful manner.
 - In the event that a camper is disrespectful, uses foul language, does not follow directions or puts their hands on another camper a verbal warning, time out or missed turn may be issued as disciplinary action. If the situation continues, a parent will be contacted.